

# SUMMARY

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## ENGLISH

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### **HOW TO IMPROVE DIALYSIS PATIENTS HEALTH LITERACY AND SATISFACTION?**

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The comprehension of medical information used to take decision concerning one's health and illness is termed "health literacy". Chronic kidney disease and dialysis patients are usually associated to poor health literacy, contributing to worse evolution and disease awareness. Dialysis patients are often poorly informed because treatment initiation is performed in emergency in many cases, and patients are stunned by the shock of dialysis start and the associated life changes. Dialysis is often felt as a disease rather than a treatment and many dialysis patients display anxiety and depression features. In our project, we wish to improve dialysis patient's literacy and satisfaction by implementing learning focus groups lead by a multidisciplinary team and dedicated to patients on hemodialysis and peritoneal dialysis. We will target kidney disease causes, treatment and complications. We will also address life changes associated to dialysis (nutrition, hydration, physical activities etc). We will also focus particularly on psychological and social life aspects and empower patients towards their disease. We will measure patient's satisfaction before and after the intervention. Comprehension of their disease will be evaluated by the patients themselves and the care takers. If successful, this intervention will be pursued over time. We hope to improve patient's implication and satisfaction, thereby also improving therapeutic adherence over the long term.